

# WHAT IS H & I?

H&I IS A SUBCOMMITTEE OF NA THAT BRINGS MEETINGS INTO FACILITIES SUCH AS PRISONS, JAILS, HOSPITALS AND TREATMENT CENTERS, BOTH MEN AND WOMEN ARE NEEDED.

**How Much of a Commitment is it?** H&I SECRETARY POSITIONS REQUIRE AT MOST 1 HOUR A MONTH. THE PANEL LEADERS REQUIRE 1 HOUR A MONTH PLUS ATTENDANCE TO REPORT ON YOUR FACILITY AT THE H&I SUBCOMMITTEE MEETING ON THE 3RD MONDAY FROM 7:30-9:00PM. WE ASK FOR A 1 YEAR COMMITMENT.

**Where do you get trained?** YOU ATTEND THE H&I SUBCOMMITTEE MEETING ON THE 3RD MONDAY FROM 7:00-7:30PM AT EAST HILLS COMMUNITY CHURCH 12000 CAMPUS DR., OAKLAND CA OR YOU CONTACT **CATHERINE S. (510) 847 - 8747 EBN AND EBC**  
OR **KRISTEN K. (925) 300 - 6141 MP & JAILS**

**Why?** BECAUSE OUR PRIMARY PURPOSE IS TO CARRY THE MESSAGE!