

Sunday	
10:00 a.m. BS/2 nd	Berkeley – <i>Sunday Morning, 10 am. Wake-up (60m)</i> 1744 University Ave. (McGee), Room 210 (Upstairs)
10:00 a.m. STS	Oakland – <i>It Works How and Why</i> Kaiser Hospital, 3801 Howe Ave. (At 40th St.) Fabiola Bldg. in basement, Room G27
12:00 p.m. SD	Oakland Native American Health Ctr, 3124 International Blvd.
1:00 p.m. SWG	Berkeley- Sit Down then Get Down- Silent Step Grp 1744 University Ave. (McGee), Room 210 (Upstairs)
3:00 p.m. SD/4 th	Oakland (WA) – <i>Double Trouble Group</i> E. Oakland Recovery Center 7200 Bancroft Ave, Suite # 176 (Eastmont Mall)
4:00 p.m. SD/All	Newark – <i>Expect a Miracle</i> Second Chance Inc., 6330 Thornton (Cherry)
6:00 p.m. SD/4 th	Hayward – (WA) <i>Thru Crew Meeting</i> (Kaiser Hosp.) Hesperian & W. Tennyson Main Bldg, Rm C-3
6:30 p.m. D/1 st /3 rd	Berkeley – <i>Ask-It-Basket</i> Good Shepherd Church – 9 th & Hearst
6:30 p.m. TD/SD	Livermore (WA) <i>Reach for Recovery</i> Valley Memorial Hospital 1111 Stanley, in Café 1
7:00 p.m. JFT/TD/i	Alameda (WA) – <i>Rough Edge</i> (1 hour) Episcopal Church 1700 Santa Clara Bldg. in courtyard
7:00 p.m. SC/i/4 th	Hayward - <i>Red Barn</i> 563 Claire St. near Hayward BART, No Children
7:00 p.m. New/Last	Oakland (WA) - <i>The Newcomer's Meeting</i> E. Oakland Recovery Center 7200 Bancroft Ave, Suite # 176, (Eastmont Mall)
7:00 p.m. LS/C/4 th	Oakland – <i>The Basic Meeting</i> Presbyterian Church 5951 College Ave.
7:30 p.m. SD/Every	Fremont – The Unloaded St. James Episcopal, 37051 Cabrillo Terr (Thornton)

Monday	
12:00 p.m. BS	Newark (WA) – <i>Newark Noon</i> 1 st Presbyterian Church 35450 Newark Blvd. (Cedar)
***12:00 pm SS	Berkeley- The Nooners- (1 hour) 1744 University Ave. (McGee), K Hall
12:00 p.m. D	Oakland – <i>400 Broadway</i> – 90 Minutes 400 Broadway (4 th St.), in the basement
1:00 p.m. SD	Oakland – <i>Monday Afternoon Live</i> (1 hour) Alpha Omega Foundation, 8627 International Blvd.
5:30 p.m. SD	Oakland (WA) – <i>Message of Hope</i> E. Oakland Recovery Center 7200 Bancroft Ave, Suite # 176, (Eastmont Mall)
7:00 p.m. S/TD/3 rd /YP	Berkeley (WA) – <i>Work the Steps or Die</i> 924 Gilman (8 th St.)
7:00 p.m. JFT/1st	Livermore (WA) - <i>Backroads</i> 678 Enos Way (Portola) Side Entrance
7:30 p.m. SD/LS/1 st	Alameda – <i>Sicker than Most (Wks 1&3 SD, 2&4 LS)</i> Immanuel Lutheran 1910 Santa Clara St. (Chestnut) Rm 209

7:30 p.m. STS	Fremont (WA) – <i>Stepping Fearlessly</i> (1 hour) 38801 Blacow Rd. (Brophy)
7:30 p.m. SD/3 rd	Oakland (WA) – <i>The Downtowners</i> Ridge Hotel 634 15 th St. (Martin Luther King Way)
7:30 p.m. SD/1 st	San Leandro (WA) Epiphany Lutheran, 16248 Carolyn St. (Foothill)
8:00 p.m. SD/2 nd	Hayward (WA) Freedom House, 475 Medford Ave.
8:00 p.m. SD	Oakland – <i>Back to Basics</i> 451 28 th St. (Telegraph Ave.) enter on 27 th
***8:30 p.m. TD	Oakland – Tag Yer It! Behind Kelly Moore Paint, 479 42nd St (Telegraph)
10:00 pm SD	Pleasanton - Why Not? (1 hour) St. Clare's Episcopal Church 3350 Hopyard Rd.

Tuesday	
7:30 a.m. SD/TD/3 rd	Oakland – <i>Another Chance</i> – 75 min. Mtg Veteran's Outpatient Clinic, 525 21 st @ Telegraph
9:00 a.m. JFT/D	Berkeley – <i>Tye-Dye Tuesday</i> 1744 University (McGee) Fellowship Hall
9:00 am	Oakland -- Rested Minds E. Oakland Recovery Center 7200 Bancroft Ave, Suite # 176, (Eastmont Mall)
***12:00 pm TS	Berkeley- The Nooners- (1 hour) 1744 University Ave. (McGee), K Hall
12:00 p.m. SS/D	Newark (WA) – <i>Newark Noon</i> 1 st Presbyterian, 35450 Newark Blvd. (Cedar)
12:00 pm W/SD/JFT	San Leandro – Afternoon Delight St. James Lutheran Church, 993 Estudillo Avenue
12:00 p.m. SD	Oakland – <i>400 Broadway</i> – 90 Minutes 400 Broadway (4 th St.), in the basement
5:30 p.m. SD/GL	Oakland (WA) – <i>Tuesday's Tools</i> E. Oakland Recovery Center 7200 Bancroft Ave, Suite # 176, (Eastmont Mall)

6:45 p.m. SD	Oakland – <i>Back to Life</i> Kaiser CDRP Rm #5, 969 Broadway (9 th St.)
7:00 p.m. STS	Alameda – <i>It Works</i> Immanuel Lutheran, 1910 Santa Clara (Chestnut) Rm 209
7:00 p.m. BS	Oakland – <i>It's in the Book</i> First Unitarian Church 685 14 th St. (Castro)
7:00 p.m. SD/2 nd	Livermore (WA) - <i>Backroads</i> 678 Enos Way (Portola) Side Entrance
7:30 p.m. SD/2 nd	Fremont (WA) – <i>Seeking Recovery</i> 1 st United Methodist Church, 2950 Washington Blvd.
7:00 p.m. SD/W/4th	Hayward – Ladies Night Out 26221 Gading Rd., Church of Nazarene
7:30 p.m. SD	Hayward – <i>New Way of Life</i> Red Barn, 563 Claire St.
7:30 p.m. SD	Oakland – <i>Rumble in the Jungle</i> 2272 San Pablo Avenue

7:45 p.m. TD/JFT/i	Berkeley (WA) – <i>11th Step Meditation</i> (1 hour) 7 th Day Adventist Church, 2236 Parker St.
8:00 p.m. SD/i/1 st	Berkeley (WA) – <i>Tuesday Night Candlelight</i> 1744 University Ave. (McGee)

Wednesday	
***12:00 pm JFT/TD	Berkeley- The Nooners- (1 hour) 1744 University Ave. (McGee), K Hall
12:00 p.m. TD/4 th	Berkeley – <i>Tang Center Meeting of NA</i> – (1 hour) Tang Center, 2222 Bancroft Way, Rm 3110
12:00 p.m. TD	Newark (WA) – <i>Newark Noon</i> 1 st Presbyterian Church 35450 Newark Blvd. (Cedar)
12:00 p.m. LS/1 st	Oakland – <i>400 Broadway</i> – 90 Minutes 400 Broadway (4 th St.), in the basement
***6:30 p.m. JFT/SD C/W	San Leandro(WA)-Women by Candlelight- 1 hour Zora's Temple (residential area) –938 Fulton Ave. Meets in Assumption Area

6:45 p.m. SD/TD/JFT LS/weekly	Oakland – Reunión en Español - <i>Nuevo Comienzo</i> 75 minutes in length (WA) Kaiser CDRP 2 nd Floor, Rm #9, 969 Broadway (9 th)
7:00 p.m. W	Alameda – <i>Girls' Night Out</i> First Congregational Church, 1912 Central Ave. (Chestnut) Down ramp in basement
7:00 p.m. M/TD	Berkeley – <i>Men in Recovery</i> (1 hour) Unitarian Universal Church 1606 Bonita (Cedar St.)
7:00 p.m. LS/i/3 rd	Livermore (WA) - <i>Backroads</i> 678 Enos Way (Portola) Side Entrance
7:00 p.m. SD	Oakland (WA) – <i>Set the Captives Free (week 1 BS)</i> Love Center Church, 10440 International Blvd.
7:00 p.m. W/L, 1 st , 3 rd SD, 2 nd , 4 th	Oakland (WA) – <i>Sistahs Recovering Together</i> E. Oakland Recovery Center, Chips 4 th week. 7200 Bancroft Ave, Suite # 176, (Eastmont Mall)
7:00 p.m. SD/YP /All	Pleasanton – Good Vide Tribe Trinity Lutheran Church, 1225 Hopyard Rd. Turn on Golden, in the back parking lot

7:30 p.m. SD	Berkeley (WA) – <i>Wednesday Night Special</i> Phillips Temple C.M.E. Church Fellowship Hall 3332 Adeline (63 rd)
7:30 p.m. SD/3 rd	Castro Valley – <i>Addicts-R-Us</i> 20121 Santa Maria Avenue
7:30 p.m. GL/SD/ 4 th	Hayward – <i>Rainbow of Recovery</i> 1217 A St. (2 nd St)
7:45 p.m. SD/1 st	Union City (WA) – <i>Windows to Recovery</i> Kaiser Recovery Center, 3551 Whipple Ave., Bldg. C
8:00 p.m. C/SD/TD/4 th	Fremont (WA) – <i>The Antidote</i> St. James Episcopal, 37051 Cabrillo Terr.(Thornton)
9:00 p.m. YP/i/TD	Berkeley (WA) – <i>Raw Power Group</i> 1744 University Avenue (Upstairs)

Thursday	
9:00 a.m. SD	Berkeley – (WA) 1744 University (McGee) Fellowship Hall

9:00 a.m. SD	Oakland – <i>Rested Minds</i> E. Oakland Recovery Center 7200 Bancroft Ave, Suite # 176, (Eastmont Mall)
***12:00 pm TD	Berkeley- The Nooners- (1 hour) 1744 University Ave. (McGee), K Hall
12:00 p.m. TD	Newark (WA) – <i>Newark Noon</i> 1 st Presbyterian, 35450 Newark Blvd. (Cedar) Library
12:00 p.m. SD	Oakland – <i>400 Broadway</i> – 90 Minutes 400 Broadway (4 th St.), in the basement
***6:00 pm SD/JFT	San Leandro - Somewhere We Belong 1st United Methodist, 1600 Bancroft Avenue Wesley Room, Park on Street
7:00 p.m. SD/4 th	Alameda – <i>B.A.D. Group</i> Immanuel Lutheran, 1910 Santa Clara St. (Chestnut) Room 209
7:00 p.m. SD/STS/1 st	Berkeley – <i>Jewel of Denial</i> (1 hour) Liberty Hill Baptist Church, 997 University Ave. (9 th)
7:00 p.m. SD/3rd	Hayward – <i>Donald Block</i> 25725 Donald Avenue (in garage)
7:00 p.m. BS/4 th	Livermore (WA) - <i>Backroads</i> 678 Enos Way (Portola) Side Entrance
7:00 p.m.	Oakland (WA) – <i>Thursday Night Live</i> E. Oakland Recovery Center 7200 Bancroft Ave, Suite # 176, (Eastmont Mall)
7:00 p.m. SD/BS	Oakland – Thursday Night Hope Behind Kelly Moore Paint, 479 42nd St (Telegraph)
7:30 p.m. W/SD/C/i/3 rd	Fremont (WA) – <i>Women's Meeting</i> Niles Discovery Church, 36600 Niles Blvd.
7:30 p.m. M/SD/C/3 rd	Fremont – <i>Men's Meeting</i> 1 st United Methodist Church, 2950 Washington Blvd.
8:00 p.m. SD/i/4 th	Berkeley – <i>Thursday Night Candlelight</i> 1744 University (McGee)
8:00 p.m. SD	Hayward Freedom House, 475 Medford

Friday	
12:00 p.m. LS/SD	Albany (WA) – <i>One Promise, Freedom</i> (1 hour) St. Alban's Episcopal Church, 1501 Washington Ave.
***12:00 pm TD	Berkeley- The Nooners- (1 hour) 1744 University Ave. (McGee), K Hall
12:00 p.m. ALL	Newark (WA) – <i>Newark Noon</i> 1 st Presbyterian, 35450 Newark Blvd. (Cedar) Library
12:00 p.m.	Oakland- Rotating Format – <i>We do Recover</i> Native American Health Ctr, 3124 International Blvd.
12:00 p.m. STCS	Oakland – <i>400 Broadway</i> – 90 Minutes 400 Broadway (4 th St.), in the basement
***1:30 p.m. SD/3rd	Oakland – Another Chance Veteran's Outpatient Clinic 521 21st Street and Telegraph
2:30 p.m.	Oakland – <i>N.E.L.</i> Narcotics Education League, 1315 Fruitvale



Meeting Directory
www.444hope.org

March – April 2012
 (Revised 2-16-12)
 24 Hr. Hotline #
 510-444-HOPE (4673)

Meetings that have changed are in **Bold**
 Meetings that are new are marked with this prefix***

To change or correct meeting information on the schedule, please contact your area PI liaison, or send an email to support@naalamedacounty.org.
 Anyone interested in being a phonenumber volunteer please come to the PI meeting listed on the back or email the address above.

Phone Numbers

For H&I Use Only

Tracy/Stockton	209- 464-9262	www.cvnna.org
Southern Cal. RSO	626-359-0084	www.todayna.org
Northern Cal RSO	707-422-9234	www.norcalna.org
NA World Services	818-773-9999	www.na.org
Tri-Area PI Subcommittee: P.O. Box 28022, Oakland, CA 94604		
Mission Peak Area: P.O. Box 4834 Hayward, CA 94540		
East Bay Central Area: P.O. Box 1343 Oakland, CA 94604		
East Bay North Area: P.O. Box 40079 Berkeley, CA 94704		

Area Service Committees & Subcommittee Meetings

East Bay North
Area Service Committee (ASC) meets the 3rd Sunday of the month at 4 p.m. 1744 University (McGee), Berkeley

Activities Subcommittee meets the 2nd Wednesday of the month at 6:30 p.m., French Hotel, 1540 Shattuck Ave., Berkeley.

ASL Subcommittee meets the 1st Saturday of the month at 11:30 a.m., Good Shepard Episcopal, 1823 9th St. (Hearst) Parish House in the rear, Berkeley.

Mission Peak
Area Service Committee (ASC) meets the 1st Sunday of the month, 2 p.m., 945 Paseo Grande, San Lorenzo,

East Bay Central
Area Service Committee (ASC) 10 a.m., last Saturday of the month, United Methodist Episcopal Church, 6300 Shattuck Ave (enter church on 63rd St.)

Tri-Area Shared Services
Hospitals & Institutions (H&I) 7:30 p.m., 3rd Monday of the month, 12000 Campus Dr. (Near Merritt College) , Oakland, East Hills Community Church (New members come at 7 p.m.)

Public Information (PI) 5 p.m. 4th Sunday of the month, 451 Davis St. (Off of Clark St.) Saint Leander's School

Unity Day Subcommittee, 7 p.m. 2nd and 4th Mondays of the month, 12000 Campus Dr. (Near Merritt College), Oakland, East Hills Community Church

5:00 p.m. **Oakland** (WA)– *Boys II Men*
 M/SD E. Oakland Recovery Center
 7200 Bancroft Ave, Suite # 176, (Eastmont Mall)

7:00 p.m. **Berkeley** – *Open to All* (1 hour)
 BS Good Shepard Episcopal Church, 1823 9th St. (Hearst) Parish House in the rear

7:00 p.m. **Berkeley** – *One Primary Purpose*
 SD/4th 1744 University Avenue (McGee)

7:00 p.m. **Dublin** (WA) – *Rainbow Bridge-SD 1st week*
 JFT/all/i St. Phillips Lutheran Church, 8850 Davona

7:00 p.m. **Oakland** (WA)– *Is Still Alive*
 LS/SD/1st Summit Hosp. 3100 Summit St. (Hawthorn)
 1st Floor Cafeteria, (2nd & 4th LS, 1st & 3rd SD)

7:00 p.m. **Oakland** (WA) - *Get Right On Saturday Nite*
 SD New Paradise Baptist Church
 237 Wistar Rd (98 Empire Rd)

7:30 p.m. **Fremont** (WA) – *Get to Steppin'*
 SS/All Prince of Peace Church, 38451 Fremont Blvd., Rm 7

8:00 p.m. **San Lorenzo** (WA) – *The Garage*
 SD/1st 945 Paseo Grande, Room 9

9:00 p.m. **Oakland** – *Living Well*
 SD/TD/i College Ave. Presbyterian Church, 5951 College Ave.

10:00 p.m. **Livermore** (WA) – *Dopeless Hope Fiends*
 BS/SD 4481 East Avenue – Chips 2nd & 4th

Meeting Legend

D = Discussion	M = Men's meeting
TD= Topic/Discussion	W = Women's meeting
SD= Speaker/Discussion	i = Candlelight Meeting
GL= Gay/Lesbian	New = Newcomer's Meeting
C = Closed Mtg (addicts only)	SP = Spanish Speaking
S = Speaker Meeting	(WA) = Wheelchair Access
All = Chip Mtg. every week	ASL = Amer. Sign Language
YP = Young People's Meeting	SWG = Step Writing Group
1 st , 2 nd , 3 rd , 4 th = Week of the month that chips are given out	

Study Meetings: xS (ex: BS, SS, LS, etc.)

T = Tradition	S = Step
B = Book	L = Literature
C = Concept	SWG = Step Working Guide

All Narcotics Anonymous Meetings in Alameda County are "Open" unless otherwise noted – Anyone may attend. Most meetings are 90 minutes long except where otherwise noted.

Other NA Contacts

Contra Costa County	925-685-4357	www.contracostana.org
Greater San Jose	408-998-4200	www.sina.org
San Mateo/Peninsula	650-802-5950	www.peninsulana.org
San Francisco	415-621-8600	www.sfna.org
Marin	415-456-1292	www.mcfna.org
Santa Cruz	831-429-7436	www.scnapi.org
Modesto/Central Valley	888-942-9922	www.svgna.com

6:00 p.m. **Oakland** (WA) – *The Knucklehead Meeting*
 SD E. Oakland Recovery Center
 7200 Bancroft Ave, Suite # 176, (Eastmont Mall)

6:00 p.m. **Oakland** – *Sneak Preview- Women's Meeting*.
 W Solid Foundation, 4778 International Blvd.

7:00 p.m. **Berkeley** – *Women's Meeting*
 W/D Unitarian Universalist Church, 1606 Bonita (Cedar St.)
 Upstairs, Fireside room

7:00 p.m. **Emeryville** (WA) – *You've Got to Want it. – 75 mins.*
 SD/2nd St. Columba Parish, 6401 San Pablo Ave. (Ocean)

7:30 p.m. **San Leandro** (WA)
 SD Epiphany Lutheran Church, In Rear Bldg.
 16248 Carolyn St. (Foothill)

8:00 p.m. **Alameda** – (WA) – *Landing Lights*
 i/D/All Episcopal Church, 1700 Santa Clara
 Bldg in courtyard.

8:00 p.m. **Livermore** – *Stepping Young* – (1 hour)
 SD/1st/3rd Trinity Baptist, 557 Olivina Ave. (2nd Driveway)

8:00 p.m. **Oakland** – *Friday Night Live*
 SD/4th Summit Hosp. 3100 Summit St. (Hawthorn)
 1st Floor Cafeteria.

8:30 p.m. **Fremont** – *Just for Today Homegroup Mtg* (1 hour)
 JFT/All 4211 Carol Ave., Good Shepard Lutheran Church

10:00 p.m. **Fremont** – *Freak & Tweak*
 C/TD/i/4th St James Episcopal, 37051 Cabrillo Terrace
 Cross St, Thornton, Room C

10:30 p.m. **Oakland** (WA) – *Late Night Candlelight*
 SD/i E. Oakland Recovery Center
 7200 Bancroft Ave, Suite # 176, (Eastmont Mall)

Saturday

8:30 a.m. **Newark** – *AM-NA – 75 minutes*
 TD/4th Second Chance 6330 Thornton (Cherry) Rm #2

10: 00 a.m. Berkeley (WA) – *ASL Interpreter – Speaker 4th Sat. C/D*
Good Shepherd Episcopal Church
1823 9th St. (At Hearst) In Parish House in rear

10 a.m. Berkeley – *End of the Road – (1 hour)*
GL/SD 1744 University Ave. (McGee), K Hall

10:00 a.m. **Livermore** (WA) – *Women Walking in Recovery*
 W/SD/All Trinity Baptist Church, 557 Olivina Ave. Bldg. C. 1st Driveway

10:00 a.m. **Oakland** – *123 Cha Cha Cha* (2 hour)
 SD/SS Kaiser, 280 W. MacArthur, 12th Floor, Rm C
 Use Tower Elevator

1:30 p.m. **Oakland** (WA) – *The No Matter What Club*
 SD E. Oakland Recovery Center
 7200 Bancroft Ave, Suite # 176, (Eastmont Mall)

3:00 p.m. **Oakland** (WA) – *No Matter What*
 SD 451 28th St. Enter on 27th and Telegraph

4:00pm **Alameda**- (WA) Recovery on the Island – (75 mins)
 SD First Presbyterian, 2001 Santa Clara St. (Chestnut)

4:00pm **Newark** - *The Eleventh Step*
 TD Second Chance 6330 Thornton (Cherry) Suite B